

# RESUME / CURRICULUM VITAE

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PERSONAL INFORMATION:

NAME	HERBERT MALAMAH-THOMAS
NATIONALITY	SIERRA LEONEAN
MARITAL STATUS	WIDOWER
PERMANENT HOME ADDRESS	50 MALAMAH-THOMAS STREET FREETOWN, SIERRA LEONE
TELEPHONE NO.	(232)-(22)-225738

UNIVERSITY EDUCATION:

- Docteur de L'Universite, Universite de Dijon, France (mention: Tres Honorable). Nutrition Humaine, November, 1966.
- Diplome d'etudes Approfondies (DEA), Sorbonne, Universite de Paris.
- M.S. Howard University, Washington D.C. USA - Zoology, June 1960.
- B.A. Lincoln University, Pennsylvania, USA - Biology, June, 1958.

RESEARCH AND PROFESSIONAL EXPERIENCE:

Higher Education:

- Lecturer, Dept of Zoology and Dept. of Home Economics, Njala University Colloge, University of Sierra Leone, October 1968 - June 1971.
- Instructor in Biology, American University in Paris, France, September 1967 - June 1968.
- Pre-doctoral Research Assistant in Nutrition, Laboratoire de Nutrition Humaine, INSERM, Hopital Bichat (Prof J. Tremolieres), Paris, France. October 1963 - November 1966.

MANAGERIAL, ADMINISTRATIVE AND TECHNICAL:

- Nutrition Consultant and President, Sierra Leone Infant Feeding Action Group (SLIFAG),

March 1990 to date.

-Manager, Bennimix Baby Food Project and Factory, Ministry of Rural Development and Social Services, Bo Town, Sierra Leone. July 1975 - February 1990.

-Social Development Officer (Nutrition) - Bennimix Research and Development Programme, Ministry of Rural Development and Social Services, Sierra Leone. October 1971 - June 1975.

### **GENERAL PROFESIONAL INTERESTS:**

-Community/Applied Nutrition, Infant Feeding, Weaning Foods, Lactation Managenent, Rural Health Development.

### **PUBLICATIONS:**

#### **Editor of Proceedings:**

-Thomas, H.M. Community Nurition, Proceedings of a symposium organised by the Ministry of Social Welfare and Rural Development, sponsored by UNICEF, Freetown, March 1973.

#### **Research Papers in International Journals:**

-Thomas, H.M. Rate of Oxidation and Tissue concentrations of Ethanol in Mice. Experientia (Basel), 26, 386-7, 1970.

-Thomas, H.M. Inhibition of Ethanol Toxicity by Lysine Orotate (ORL). FEBS Letters, 7, 291-293, 1970.

-Thomas, H. Malamah and Carre, L. Histological changes in Mouse tissues after injection of a Toxic dose of Ethanol; Influence of both hydro-cortisone and Ethanol. West African J. Biol. Appl. Chem., 12 (2), 13, 1969.

-Thomas, H.M. , Tremolieres, J, Griffaton.G et Lowy, R. Modifications Hydro-Electrolytiques Produites dans les Tissues de la Souris par l'Ethanol a Dose Toxique. Food Cosmet. Toxicol, 6, 33-38, 1968.

-Thomas, H.M. , Tremolieres, J, La Dose L'ethale 50 de l'Ethanol; l'influence de la Temperature, de la Souche et de la Voie d'introduction. Revue d'Alcoholisme (Paris), 14, 214-228, 1968.

-Thomas, H.M. La Dose Lethale 50 de l'ethanol; Protection par une faible dose preparante. Revue d'Alcool; 14, 229-236, 1968.

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-Thomas H.M. Nutrition Research and Training in Sierra Leone. Paper presented at the first WHO Consultative Meeting on Nutrition Research and Training in Africa. Addis Ababa, Ethiopia; August, 1979.

-Thomas H.M. Factors Influencing Nutritional Status in Urbanised Developing Communities. In Community Nutrition, edited by H.M. Thomas, Proceedings of a symposium, Ministry of Social Welfare, Freetown, March, 1973.

-Thomas H.M. Family Nutrition - The Foundation of National Health: In Proceedings of a Seminar organised by the Sierra Leone and American Home Economics Associations, Freetown, December, 1973.

-Thomas H.M. Formulation and Evaluation of the Benniseed Mix - A High Protein Mixture. Short Communication, IX Int. Congress of Nutrition, Mexico City, September, 1972.

**Public Lecture:**

"Acute Ethanol Intoxication" - Guest Lecture delievered at the Institute for Nutrition Research, University of Oslo, Norway, September, 1968.

**Unpublished Papers:**

-Thomas H.M. "Etudes sur les conditions de Toxicite de l'Ethanol". Doctoral Dissertation, University of Dijon, France, 1966.- 104pp, 192 References.

-Thomas H.M. Gel Filtration of Sesame Proteins on Sephadex. Institute of Biochemistry, University of Uppsala, Sweden, 1970.

-Thomas H.M. Hollande, A et alia. "Les Cellules Ascites Krebs II". Universite de Paris, Faculte des Sciences, 1963.

-Thomas H.M. "The Influence of Freezing Temperatures on the Fission and Survival Rates of Spirostomum ambiguum in the presence of Glycerol". Masters Thesis, Howard University, Washington D.C., 1960; 30pp, 21 References.

**Fellowships:**

Visiting Research Fellow in Nutrition, Dept. of Nutrition, Institute of Medical Chemistry, Faculty of Medicine and Institute of Biochemistry, University of Uppsala, Sweden. September 1969 - August 1970.

**PROFESSIONAL AFFILIATIONS:**

-Elected Associate Member (1960), Sigma XI, US Scientific Research Society.

-Elected Associate Member (1960), and Fellow (1965), Zoological Society of London.

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-Life Member, Institute of Professional Managers, U.K. (1986) and Institute of Commercial Managers (1990).

-Vice-President, Nutrition Society of Sierra Leone.

-Vice-Chairman, National Baby Friendly Hospital Initiative Committee (BFHI), Sierra Leone.

-President, Sierra Leone Infant Feeding Action Group (SLIFAG).

-Member, International Society of African Scientists.

-Member, Society for International Development.

**INTERNATIONAL CONSULTANCIES AND SPECIAL MISSIONS:**

-Nutrition Consultant, United Nations High Commissioner for Refugees (UNHCR). Nutrition Coordinator, Burundi Refugee Emergency, Rwanda. January 15 - April 15 1994.

-Participant in Briefing Session for 12 Potential Consultants from WHO six Regions on Advocacy and Drafting of National Codes for the Marketing of Breastmilk substitutes. WHO, Geneva. September 6 - 8, 1993.

-Nutrition Consultant, United Nations Development Programme (UNDP), New York. Chief of Joint UNDP/FAO/Ministry Mission to the Republic of Cameroon to evaluate a Food and Nutrition Project in the Ministry of Planning and Development, Yaounde, May/June 1988.

-Local Consultant, Bennimix Baby Food Feasibility Study by Team of Royal Tropical Institute, Amsterdam, sponsored by EEC. Freetown/Bo Town August/September, 1984.

-Consultant, World Health Organization (WHO) "Women and Health Development Programme". One-man Missions to Equatorial Guinea, Cameroon, Burkina Faso, Senegal and Liberia. Leadership Training of Village Women leaders, Who Regional Training Centre, Mauritius; July, 1983 - April, 1984.

-Nutrition Consultant on National Codes for the Marketing of Breastmilk Substitutes, WHO Regional Office for Africa, Brazzaville, Congo. One-man Missions to Ethiopia, Kenya, Lesotho and Nigeria. October 1982 - December 1982.

-Nutrition Consultant on Infant Feeding and Weaning Foods Preparation. Food and Agriculture Organization (FAO) Regional Office for Africa, Accra, Ghana. One-man Missions to Ethiopia, Tanzania, Malawi, Benin and Niger. September 1981 - February 1982.

-Temporary Advisor and Special Representative of the WHO Regional Office for Africa at the

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WHO/UNICEF meeting on Infant Feeding with Industry. WHO, Geneva, October 9 - 12, 1979.

**LANGUAGES:**

-English and French - Written and Spoken.

**INTERNATIONAL TRAVEL:**

-U.S.A., Latin America (3 Countries), Europe (15 Countries), Africa (23 Countries), Philippines, Singapore, Australia.

**REFERENCES:**

-Will be provided on Request.

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